

# Thornton Heath Islamic Centre

150 Gillett Road, Thornton Heath CR7 8SN [www.thislamicentre.org](http://www.thislamicentre.org)

## NIYYAH (Intention for Fasting)

وَبِصْوَمٍ عَدِ تَوَيْتُ مِنْ شَهْرِ رَمَضَانَ

Wa bi sawmi ghadinn nawaytu min shahri ramadan

I intend to keep the fast in the month of Ramadan.

## Dua for Opening/Breaking Fast:

اللَّهُمَّ إِنِّي لَكَ صُمْتُ وَبِكَ آمَنْتُ وَعَلَى رِزْقِكَ أَفْطَرْتُ

Allahumma inni-laka Sumtu wa bika aamantu wa-ala rizqi ka aftartu

O Allah! I fasted for You and I believe in You and I and I break my fast with Your sustenance

Please note to make Niyyah (intention) to fast is necessary orally or in the heart although verbal intention is preferred.

## MUSTAHABBAT (Commendable acts worth of much reward) during Sawm (Fasting)

- To partake of Sahri before beginning the fast
- To partake of Sahri in the latter part of the night
- To make Niyyah for fasting during the night
- To break fast by Iftar soon after sunset
- To do Iftar by eating dates if not than water
- To abstain from uselessness, evil and vulgar talks, telling lies, swearing and backbiting.

## Fast becomes Makruh by the following (things which are disliked and sinful during fasting)

- To delay bath which is Wajib and Subah Sadiq.
- To apply tooth powder or toothpaste in the mouth or gargle unnecessary
- To taste something without necessity
- To have intimate contact with your spouse
- To do speak behind someone's back (Gheebat or Chugli) or to have vulgar conversation.
- To fight or quarrel with somebody. Tell a lie, swearing are sinful acts even when not fasting, therefore these acts become even worse during fasting.

**ZAKAT is compulsory on personal wealth which is 2.5%.**

**SADQATUL FITR IS WAJIB - £4.00 per person minimum must be given on his behalf and those he maintains BEFORE Eid Prayer**

## Fasting is not broken by the following:

- To eat or drink something by mistake.
- To use MISWAK or dry toothbrush (without paste)
- To use perfume (ITTR) or apply Surmah, Medicines or Oil in the eye or ear.
- To have injection or blood test
- Wet dreams make Ghushl (bath) Wajib
- To vomit unintentionally
- To use hair oil on head
- Nocturnal discharge during fast
- Unintentional inhaling of dust or smoke.
- Bleeding when using Miswak.

## Fasting Acts Break Fast but necessitate QADAH Only:

- To eat, drink or have sexual intercourse thinking that there is still time for Sahri.
- To open fast thinking that the sun has set, whereas in fact it has not.
- If water goes down the throat during mouthwash unintentionally
- By vomiting mouthful intentionally
- To put medicine or oil in nose
- To inhale or take smoke of LOBAN or AGARBATI (Joystick)
- Using Asthma Pump

## Fasting acts break FAST and necessitate both QADAH and KAFFARAH (Fasting extra 60 Days):

- Knowingly eating or drinking something
- Having sexual intercourse during the fast
- Taking medicine by mouth or nose intentionally

## EID Salah Timings:

1<sup>st</sup> Salah – 7:00

2<sup>nd</sup> Salah – 7:45

3<sup>rd</sup> Salah – 8:30

## RAMADAN TIMETABLE 1446AH - MAR

Day	Date	Ramadan	FAJR			ZOHR		ASR			MAGRIB		ISHA	
			End of Sehri	Jamat	Sunrise	Begins	Jamat	Begins	Jamat	Sunset IFTAR	Jamat	Begins	Jamat	
SAT	1	1	5:05	5:20	6:42	12:18	1:00	3:49	4:45	5:44	5:54	7:10	8:00	
SUN	2	2	5:03	5:20	6:40	12:18	1:00	3:51	4:45	5:46	5:56	7:12	8:00	
MON	3	3	5:01	5:20	6:38	12:18	1:00	3:52	4:45	5:48	5:58	7:13	8:00	
TUE	4	4	4:59	5:15	6:36	12:17	1:00	3:54	4:45	5:50	6:00	7:15	8:00	
WED	5	5	4:57	5:15	6:34	12:17	1:00	3:55	4:45	5:51	6:01	7:15	8:00	
THU	6	6	4:55	5:15	6:32	12:17	1:00	3:57	4:45	5:53	6:03	7:17	8:00	
FRI	7	7	4:52	5:15	6:29	12:17	1:00	3:58	4:45	5:55	6:05	7:18	8:00	
SAT	8	8	4:50	5:10	6:27	12:16	1:00	4:00	4:45	5:57	6:07	7:20	8:00	
SUN	9	9	4:48	5:10	6:25	12:16	1:00	4:01	4:45	5:58	6:08	7:20	8:00	
MON	10	10	4:46	5:05	6:23	12:16	1:00	4:02	4:45	6:00	6:10	7:22	8:00	
TUE	11	11	4:43	5:05	6:20	12:16	1:00	4:04	4:45	6:02	6:12	7:24	8:00	
WED	12	12	4:41	5:00	6:18	12:15	1:00	4:05	4:45	6:03	6:13	7:25	8:00	
THU	13	13	4:39	5:00	6:16	12:15	1:00	4:07	4:45	6:05	6:15	7:26	8:00	
FRI	14	14	4:37	4:50	6:14	12:14	1:00	4:08	4:45	6:07	6:17	7:28	8:00	
SAT	15	15	4:34	4:50	6:11	12:14	1:00	4:10	5:00	6:09	6:19	7:30	8:00	
SUN	16	16	4:32	4:50	6:09	12:14	1:00	4:11	5:00	6:10	6:20	7:31	8:00	
MON	17	17	4:30	4:45	6:07	12:14	1:00	4:12	5:00	6:12	6:22	7:32	8:00	
TUE	18	18	4:28	4:45	6:05	12:14	1:00	4:14	5:00	6:13	6:23	7:34	8:00	
WED	19	19	4:25	4:40	6:02	12:13	1:00	4:15	5:00	6:15	6:25	7:35	8:00	
THU	20	20	4:24	4:40	6:00	12:13	1:00	4:16	5:00	6:17	6:27	7:37	8:00	
FRI	21	21	4:22	4:40	5:58	12:13	1:00	4:18	5:00	6:19	6:29	7:38	8:00	
SAT	22	22	4:20	4:35	5:55	12:12	1:00	4:19	5:15	6:20	6:30	7:39	8:15	
SUN	23	23	4:18	4:35	5:53	12:12	1:00	4:20	5:15	6:22	6:32	7:41	8:15	
MON	24	24	4:16	4:35	5:51	12:12	1:00	4:22	5:15	6:24	6:34	7:43	8:15	
TUE	25	25	4:14	4:35	5:49	12:12	1:00	4:23	5:15	6:26	6:36	7:44	8:15	
WED	26	26	4:12	4:30	5:46	12:11	1:00	4:24	5:15	6:27	6:37	7:45	8:15	
THU	27	27	4:10	4:30	5:44	12:11	1:00	4:26	5:15	6:29	6:39	7:47	8:15	
FRI	28	28	4:09	4:30	5:42	12:11	1:00	4:27	5:15	6:31	6:41	7:49	8:15	
SAT	29	29*	4:06	4:30	5:39	12:10	1:00	4:28	5:15	6:32	6:42	7:49	8:15	
START OF BRITISH SUMMER TIME														
SUN	30	30/1	5:04	6:00	6:37	1:10	1:30	5:29	6:00	7:34	7:36	8:51	9:30	
MON	31	2	5:03	6:00	6:35	1:10	1:30	5:31	6:00	7:36	7:38	8:53	9:30	

Sunset is three minutes before Maghrib

Zawaal is ten minutes before the beginning of Zohr.

Jummaah Lecture at 12:10pm, 1st Jummaah Azaan 12:30 1st Jummaah Khutbah and Salaat 12:45

2nd Jummaah Salaat at 1:10

For Summer: Jummaah Lecture at 1:00pm, 1st Jummaah Azaan 1:15 1st Jummaah Khutbah and Salaat 1:30

2nd Jummaah Salaat at 2:10

**Please Park your car properly and DO NOT obstruct any Driveways or Ambulance Bays**

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## SALAH TIMES

SHAWWAL/ DHUL-QA'DAH 1446 AH  
APRIL 2025

Day	Date	SHAWWAL DHUL-QA'DAH	FAJR			ZOHR		ASR		MAGHRIB	ISHA	
			End of Sehri	Jamat	Sunrise	Begins	Jamat	Begins	Jamat	Begins	Begins	Jamat
TUE	1	3	5:01	6:00	6:33	1:09	1:30	5:32	6:00	7:37	8:54	9:30
WED	2	4	4:58	6:00	6:30	1:09	1:30	5:33	6:00	7:39	8:56	9:30
THU	3	5	4:56	6:00	6:28	1:09	1:30	5:34	6:00	7:41	8:57	9:30
FRI	4	6	4:54	6:00	6:26	1:09	1:30	5:35	6:00	7:42	8:58	9:30
SAT	5	7	4:52	5:45	6:24	1:08	1:30	5:37	6:00	7:44	9:00	9:30
SUN	6	8	4:49	5:45	6:21	1:08	1:30	5:38	6:00	7:46	9:02	9:30
MON	7	9	4:47	5:45	6:19	1:08	1:30	5:39	6:00	7:47	9:03	9:30
TUE	8	10	4:45	5:45	6:17	1:07	1:30	5:40	6:00	7:49	9:05	9:30
WED	9	11	4:43	5:45	6:15	1:07	1:30	5:41	6:00	7:51	9:06	9:30
THU	10	12	4:41	5:45	6:13	1:07	1:30	5:43	6:00	7:52	9:07	9:30
FRI	11	13	4:38	5:45	6:10	1:07	1:30	5:44	6:00	7:54	9:09	9:30
SAT	12	14	4:36	5:30	6:08	1:06	1:30	5:45	6:15	7:56	9:11	9:30
SUN	13	15	4:34	5:30	6:06	1:06	1:30	5:46	6:15	7:57	9:12	9:30
MON	14	16	4:32	5:30	6:04	1:06	1:30	5:47	6:15	7:59	9:14	9:30
TUE	15	17	4:30	5:30	6:02	1:06	1:30	5:48	6:15	8:01	9:16	9:30
WED	16	18	4:28	5:30	6:00	1:05	1:30	5:49	6:15	8:02	9:17	9:30
THU	17	19	4:25	5:30	5:57	1:05	1:30	5:50	6:15	8:04	9:18	9:30
FRI	18	20	4:22	5:30	5:55	1:05	1:30	5:52	6:15	8:06	9:20	9:30
SAT	19	21	4:20	5:15	5:53	1:05	1:30	5:53	6:30	8:07	9:21	9:45
SUN	20	22	4:18	5:15	5:51	1:04	1:30	5:54	6:30	8:09	9:23	9:45
MON	21	23	4:15	5:15	5:49	1:04	1:30	5:55	6:30	8:11	9:25	9:45
TUE	22	24	4:13	5:15	5:47	1:04	1:30	5:56	6:30	8:12	9:26	9:45
WED	23	25	4:11	5:15	5:45	1:04	1:30	5:57	6:30	8:14	9:27	9:45
THU	24	26	4:08	5:15	5:43	1:04	1:30	5:58	6:30	8:16	9:29	9:45
FRI	25	27	4:06	5:15	5:41	1:04	1:30	5:59	6:30	8:17	9:30	9:45
SAT	26	28	4:04	5:00	5:39	1:03	1:30	6:00	6:30	8:19	9:31	10:00
SUN	27	29	4:01	5:00	5:37	1:03	1:30	6:01	6:30	8:21	9:33	10:00
MON	28	30	3:59	5:00	5:35	1:03	1:30	6:02	6:30	8:22	9:34	10:00
TUE	29	1	3:57	5:00	5:33	1:03	1:30	6:03	6:30	8:24	9:35	10:00
WED	30	2	3:54	5:00	5:31	1:03	1:30	6:04	6:30	8:26	9:37	10:00

Sunset is three minutes before Maghrib

Zawaal is ten minutes before the beginning of Zohr.

**Jumma Lecture at 1:00pm, 1st Jumma Azaan 1:15 1st Jumma Khutbah and Salaat 1:30  
2nd Jumma Salaat at 2:10**