

Thornton Heath Islamic Centre

150 Gillett Road, Thornton Heath CR7 8SN www.thislamiccentre.org

NIYYAH (Intention for Fasting)

رمضان شَهْرٌ مِّنْ نَوْيْتُ عَدِّ وَبِصَوْمٍ

Wa bi sawmi ghadinn nawaytu min shahri ramadan

I intend to keep the fast in the month of Ramadan.

Dua for Opening/Breaking Fast:

أَفْطَرْتُ رِزْقَكَ وَعَلَى آمِنْتُ وَبِكَ صُمْتُ لَكَ إِنِّي لِلَّهِ

Allahumma inni-laka Sumtu wa bika aamantu wa-ala rizqi ka aftartu

O Allah! I fasted for You and I believe in You and I and I break my fast with Your sustenance

Please note to make Niyyah (intention) to fast is necessary orally or in the heart although verbal intention is preferred.

MUSTAHABBAT (Commendable acts worth of much reward) during Sawm (Fasting)

1. To partake of Sahri before beginning the fast
2. To partake of Sahri in the latter part of the night
3. To make Niyyah for fasting during the night
4. To break fast by Iftar soon after sunset
5. To do Iftar by eating dates if not than water
6. To abstain from uselessness, evil and vulgar talks, telling lies, swearing and backbiting.

Fast becomes Makruh by the following (things which are disliked and sinful during fasting)

1. To delay bath which is Wajib and Subah Sadiq.
2. To apply tooth powder or toothpaste in the mouth or gargle unnecessary
3. To taste something without necessity
4. To have intimate contact with your spouse
5. To do speak behind someone's back (Gheebat or Chugli) or to have vulgar conversation.
6. To fight or quarrel with somebody. Tell a lie, swearing are sinful acts even when not fasting, therefore these acts become even worse during fasting.

ZAKAT is **compulsory** on personal wealth which is **2.5%**.

SADQATUL FITR IS WAJIB - £4.00 per person minimum must be given on his behalf and those he maintains BEFORE Eid Prayer

RAMADAN TIMETABLE 1447AH FEB - MAR														
Day	Date	Ramadan	FAJR			ZOHR			ASR		MAGHRIB		ISHA	
			End of Sehri	Jamat	Sunrise	Begins	Jamat	Begins	Jamat	Sunset IFTAR	Jamat	Begins	Jamat	
WED	18	1	5:29	5:45	7:06	12:20	1:00	3:31	4:00	5:24	5:34	6:53	7:30	
THU	19	1/2	5:27	5:45	7:04	12:19	1:00	3:33	4:00	5:26	5:36	6:55	7:30	
FRI	20	3	5:25	5:45	7:02	12:19	1:00	3:34	4:00	5:28	5:38	6:57	7:30	
SAT	21	4	5:23	5:45	7:00	12:19	1:00	3:36	4:00	5:30	5:40	6:58	7:30	
SUN	22	5	5:21	5:45	6:58	12:19	1:00	3:38	4:00	5:31	5:41	6:59	7:30	
MON	23	6	5:19	5:45	6:56	12:19	1:00	3:39	4:00	5:33	5:43	7:01	7:30	
TUE	24	7	5:17	5:45	6:54	12:19	1:00	3:41	4:00	5:35	5:45	7:03	7:30	
WED	25	8	5:14	5:30	6:51	12:19	1:00	3:42	4:00	5:37	5:47	7:04	7:30	
THU	26	9	5:12	5:30	6:49	12:19	1:00	3:44	4:00	5:39	5:49	7:06	7:30	
FRI	27	10	5:10	5:30	6:47	12:18	1:00	3:46	4:00	5:40	5:50	7:07	7:30	
SAT	28	11	5:08	5:30	6:45	12:18	1:00	3:47	4:15	5:42	5:52	7:09	7:45	
SUN	1	12	5:06	5:15	6:43	12:18	1:00	3:49	4:15	5:44	5:54	7:10	7:45	
MON	2	13	5:04	5:15	6:41	12:18	1:00	3:50	4:15	5:46	5:56	7:12	7:45	
TUE	3	14	5:02	5:15	6:39	12:18	1:00	3:52	4:15	5:47	5:57	7:12	7:45	
WED	4	15	4:59	5:15	6:36	12:17	1:00	3:53	4:15	5:49	5:49	7:14	7:45	
THU	5	16	4:57	5:15	6:34	12:17	1:00	3:55	4:15	5:51	6:01	7:15	7:45	
FRI	6	17	4:55	5:15	6:32	12:17	1:00	3:56	4:15	5:53	6:03	7:17	7:45	
SAT	7	18	4:53	5:15	6:30	12:17	1:00	3:58	4:30	5:54	6:04	7:17	7:45	
SUN	8	19	4:51	5:05	6:28	12:16	1:00	3:59	4:30	5:56	6:06	7:19	7:45	
MON	9	20	4:48	5:05	6:25	12:16	1:00	4:01	4:30	5:58	6:08	7:20	7:45	
TUE	10	21	4:46	5:05	6:23	12:16	1:00	4:02	4:30	6:00	6:10	7:22	7:45	
WED	11	22	4:44	5:00	6:21	12:16	1:00	4:04	4:30	6:01	6:11	7:23	7:45	
THU	12	23	4:42	5:00	6:19	12:15	1:00	4:05	4:30	6:03	6:13	7:25	7:45	
FRI	13	24	4:39	5:00	6:16	12:15	1:00	4:06	4:30	6:05	6:15	7:26	7:45	
SAT	14	25	4:37	5:00	6:14	12:15	1:00	4:08	4:45	6:06	6:16	7:27	8:00	
SUN	15	26	4:35	4:50	6:12	12:15	1:00	4:09	4:45	6:08	6:18	7:29	8:00	
MON	16	27	4:33	4:50	6:10	12:14	1:00	4:11	4:45	6:10	6:20	7:31	8:00	
TUE	17	28	4:30	4:50	6:07	12:14	1:00	4:12	4:45	6:12	6:22	7:32	8:00	
WED	18	29	4:28	4:45	6:05	12:14	1:00	4:13	4:45	6:13	6:23	7:33	8:00	
THU	19	30/1	4:26	4:45	6:03	12:13	1:00	4:15	4:45	6:15	6:25	7:35	8:00	
*FRI	20	1/2	4:25	4:45	6:01	12:13	1:00	4:16	4:45	6:17	6:27	7:37	8:00	

Sunset is three minutes before Maghrib

Zawaal is ten minutes before the beginning of Zohr.

Jummah Lecture at 12:00pm, 1st Jummah Azaan 12:15 1st Jummah Khutbah and Salaat 12:30

2nd Jummah Salaat at 1:10

Please Park your car properly and DO NOT obstruct any Driveways or Ambulance Bays

Fasting is not broken by the following:

1. To eat or drink something by mistake.
2. To use MISWAK or dry toothbrush (without paste)
3. To use perfume (ITTR) or apply Surmah, Medicines or Oil in the eye or ear.
4. To have injection or blood test
5. Wet dreams make Ghusl (bath) Wajib
6. To vomit unintentionally
7. To use hair oil on head
8. Nocturnal discharge during fast
9. Unintentional inhaling of dust or smoke.
10. Bleeding when using Miswak.

Fasting Acts Break Fast but necessitate QADAH Only:

1. To eat, drink or have sexual intercourse thinking that there is still time for Sahri.
2. To open fast thinking that the sun has set, whereas in fact it has not.
3. If water goes down the throat during mouthwash unintentionally
4. By vomiting mouthful intentionally
5. To put medicine or oil in nose
6. To inhale or take smoke of LOBAN or AGARBATI (Joystick)
7. Using Asthma Pump

Fasting acts break FAST and necessitate both QADAH and KAFFARAH (Fasting extra 60 Days):

1. Knowingly eating or drinking something
2. Having sexual intercourse during the fast
3. Taking medicine by mouth or nose intentionally

EID Salah Timings:

1st Salah – 7:00

2nd Salah – 7:45

3rd Salah – 8:30

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SALAH TIMES

SHAWWAL 1447 AH
MARCH 2026

Day	Date	SHAWWAL	FAJR			ZOHR		ASR		MAGHRIB	ISHA	
			End of Sehri	Jamat	Sunrise	Begins	Jamat	Begins	Jamat	Begins	Begins	Jamat
FRI	20	2	4:25	5:30	6:01	12:13	1:00	4:16	5:00	6:17	7:37	8:00
SAT	21	3	4:22	5:15	5:58	12:13	1:00	4:17	5:00	6:18	7:37	8:30
SUN	22	4	4:21	5:15	5:56	12:13	1:00	4:19	5:00	6:20	7:39	8:30
MON	23	5	4:19	5:15	5:54	12:12	1:00	4:20	5:00	6:22	7:41	8:30
TUE	24	6	4:16	5:15	5:51	12:12	1:00	4:31	5:00	6:23	7:42	8:30
WED	25	7	4:14	5:15	5:49	12:12	1:00	4:23	5:00	6:25	7:43	8:30
THU	26	8	4:13	5:15	5:47	12:11	1:00	4:24	5:00	6:27	7:45	8:30
FRI	27	9	4:11	5:15	5:45	12:11	1:00	4:25	5:00	6:28	7:46	8:30
SAT	28	10	4:09	5:15	5:42	12:11	1:00	4:27	5:00	6:30	7:48	8:30
START OF BRITISH SUMMER TIME												
SUN	29	11	5:07	5:45	6:40	1:10	1:30	5:28	6:00	7:32	8:49	9:30
MON	30	12	5:05	5:45	6:38	1:10	1:30	5:29	6:00	7:34	8:51	9:30
TUE	31	13	5:03	5:45	6:35	1:10	1:30	5:30	6:00	7:35	8:52	9:30

Sunset is three minutes before Maghrib

Zawaal is ten minutes before the beginning of Zohr.

For Winter: Jummah Lecture at 12:00pm, 1st Jummah Azaan 12:15 1st Jummah Khutbah and Salaat 12:30

2nd Jummah Salaat at 1:10

For Summer: Jummah Lecture at 1:00pm, 1st Jummah Azaan 1:15 1st Jummah Khutbah and Salaat 1:30

2nd Jummah Salaat at 2:10